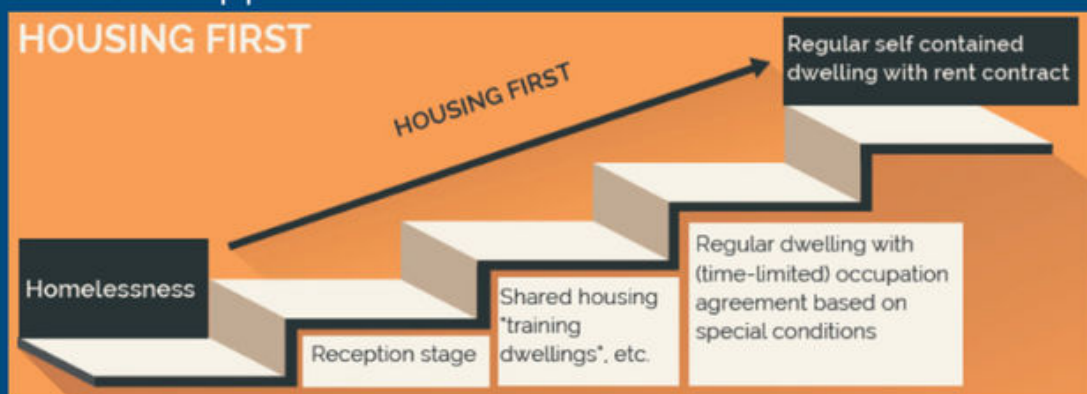


# WHAT ARE THE EXPERIENCES OF SINGLE HOMELESS MEN PARTICIPATING IN HOUSING FIRST?

This body of research makes use of the European Commission's definition of homelessness "beyond sleeping rough, homelessness may include situations of living in temporary, insecure or poor-quality housing."

## Background

The study aims to understand the homeless experience within the global north specifically looking at the experience within the Housing First model. The HF model provides homeless individuals access to their own secure housing often in the form of a private apartment. As well as intensive and specialized support services.



Urbanization, housing affordability, and housing availability are regarded as leading causes of homelessness within the global north. Other causes are unemployment, public health, mental illness, and substance misuse.



Homelessness has been found to disproportionately affect single people with single men being the largest cohort. A study in the United States in 2018 found 67% of all people experiencing homelessness were single with 70% being men compared to 29% women and the remainder 1% being transgender and non-binary.

## Methodology SPIDER

Sample: Single Men aged (18 years and older and not accompanied by another person or child) who meet one or more of the parameters for homelessness.

Phenomenon of Interest: Housing First model and other traditional treatment first housing models such as the Staircase Model.

Design: Qualitative data gathered from primary qualitative and primary components of mixed method studies.

Evaluation: The key outcomes, selected to state the aim of the research question are qualitative measures of service user experience by single homeless men in the global north.

Research Type: Thematic Synthesis.

## Results

Housing First Model has the capacity to curb the increasing homeless crisis. The study identified a number of significant aspects of the single homeless male experience of Housing First leading to the development of one overarching theme "Person centred approach" and four subthemes 1) collaborative relationships, 2) having a choice, 3) security, stability, and privacy, 4) and meeting people where they are. The person-centred approach of Housing First positively informs the service user experience resulting in positive feelings and behavioural change leading to improved lifestyle, health, and social engagement.