



**Brighter
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Worldwide

CREATING BETTER FUTURES

Girls for Girls Programme in Rural Kenya

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Girls for Girls Programme in Rural Kenya

On behalf of Brighter Communities Worldwide

Brighter Communities Worldwide (BCW) is a registered NGO in Kenya (218/051/2005/0295/3731)

Signatory to **Irish Development NGOs Code of Corporate Governance/Charities Regulator Code of Governance**



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Kenyan NGO

- Established 2002
- Formerly Friends of Londiani
- Location



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Girls 4 Girls Programme



**SUSTAINABLE
DEVELOPMENT GOALS**
17 GOALS TO TRANSFORM OUR WORLD



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APPS 6 step improvement journey

African Partnership for Patient Safety

https://www.who.int/patientsafety/implementation/apps/resources/APPS_Improv_Spread_Pack_2012_04_EN.pdf





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Girls 4 Girls Programme The Need

The Need

- Girls miss school up to 1 week per month
- 45 days per year

Gap:

- Inadequate Menstrual Health Management



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Girls 4 Girls Programme Gap Analysis

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- **Inadequate infrastructure:**
toilets if present often pit latrines,
lack of water/unhygienic
- **Lack of access to Sanitary products:**
rural locations, cost – Head of household decides
- **Lack of knowledge:** myths & taboos
low self-esteem, vulnerability



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Girls 4 Girls Programme Impact

- fall behind in school
- leave school earlier
- risk of early marriage, teenage pregnancy, diseases

Complete education

- smaller family size
- economic independence



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Girls 4 Girls Programme Action Planning

Stakeholder consultation

- Teachers
- Government Ministries
- Health Professionals
- Community Leaders
- Girls, Women

Pilot programme (2010)



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Girls 4 Girls Programme Action

- Education programme
- Peer learning & mentoring
- Access to affordable sanitary products
- Income generation: seed funding,
the Savings Scheme
- Infrastructure: “girl friendly” latrines
washrooms



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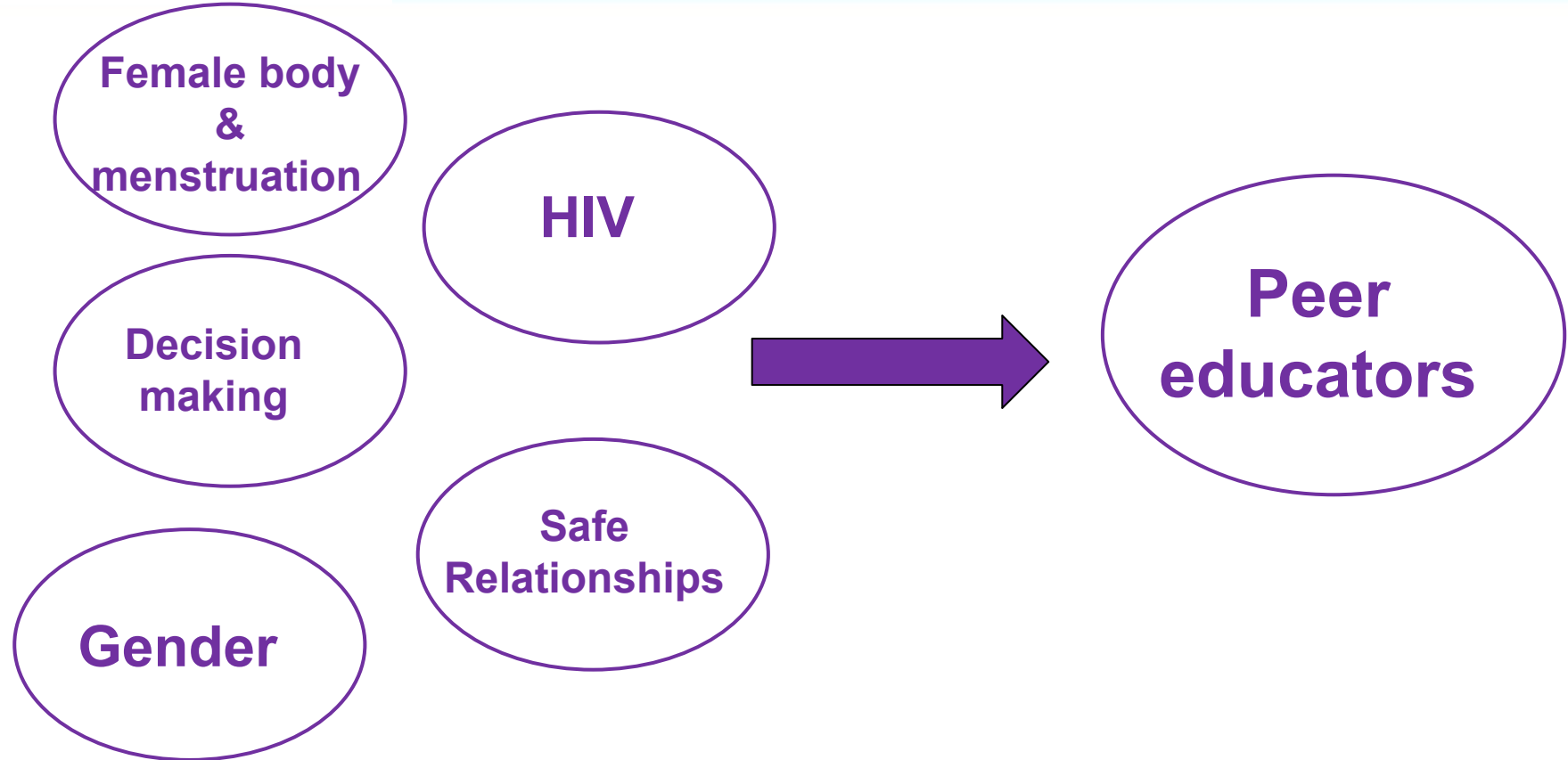


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Girls 4 Girls Programme Education programme

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Girls 4 Girls Programme Sanitary kit

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Reusable
sanitary
towels

Soap

Airtight
Storage
Bags

Instructions



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Girls 4 Girls Programme Infrastructure

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**Ministry of
Health**

**Local
schools**

Girls



**Girl friendly latrines &
washrooms**



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Girls 4 Girls Programme Evaluation

- Pre/post questionnaire
- Survey of *Girls for Girls* programme across all schools

Key message....

extend into communities



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To date

- 83 schools
- 4,165 girls have participated

7% increase in school attendance



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Girls 4 Girls Programme Sustainability

- **Economic empowerment:** Training e.g.
Teachers Economic Empowerment Workshop
Seed capital
Savings scheme
- **Spread: Jiamini Programme** (community based)
739 Community Health Volunteers trained
32 workshops (2,076 women) participated
- **Yetu Initiative** collaboration



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Girls 4 Girls Programme Action Planning

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Thank you

Questions??



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