









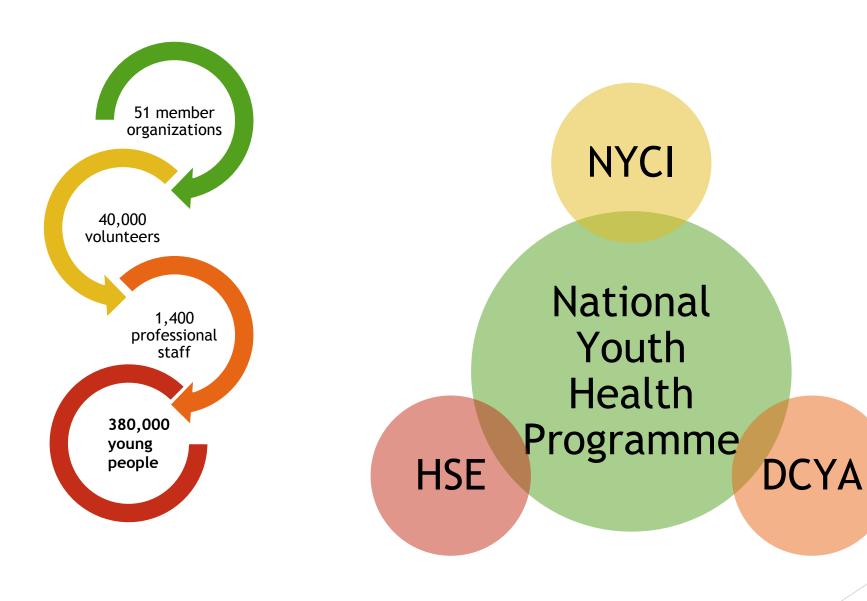
# PROMOTING HEALTH IN THE YOUTH SECTOR

The National Youth Health
Programme-The National Youth Council of
Ireland

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FRAMEWORK
FOR PROMOTING
YOUNG PEOPLE'S
HEALTH IN
YOUTH
ORGANISATIONS





## Health Quality Mark

The Health Promotion Award for the Youth Sector in Ireland







**Aim:** to recognise and acknowledge quality health promotion in youth organisations

#### **Objectives:**

- To develop and sustain quality health promotion in youth organisations
- To ensure good practice in health promotion through needs assessment, planning, implementation and evaluation of all health promotion activities throughout the organisations
- To enhance a teamwork approach and sense of ownership for all those involved
- To ensure that health related policies, programmes and practice is integrated effectively
- To promote the health of all those involved in the youth organisations
- To ensure that work is consistently documented
- To stimulate and encourage a culture of assessing quality



### Bronze

- Health Promotion Policy
- Health Promoters job description and terms of reference for the health promotion team
- + 2 other criteria

### Silver

- Health Promotion Policy
- Health Promoters
   job description and
   terms of reference
   for the health
   promotion team
- + 8 other criteria



**Health Promotion Policy** 

Health Promotion job description and terms of reference for the health promotion team

Organizational health promotion strategy

Youth participation structures

Peer health promotion initiative

Resource bank for health promotion

Training plan for staff/ volunteers and management

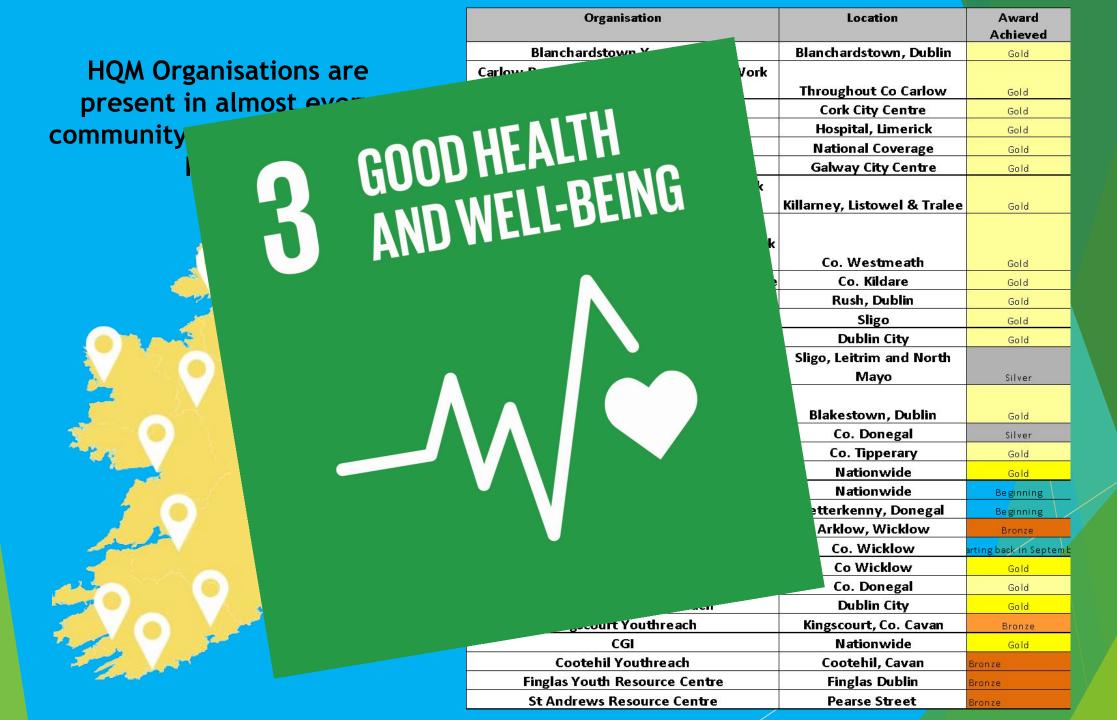
Intersectoral working and partnerships

Model of good practice for health promotion activities

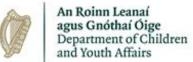
Health and safety policy and procedures

Ensuring and promoting g equality and inclusiveness

Child protection policy and procedures









Building a Better Health Service







#### Promoting health and wellbeing in the youth work sector

The National Youth Health Programme (NYHP) is a partnership between the National Youth Council of Ireland, the Health Service Executive and the Department of Children and Youth Affairs.

The NYHP is dedicated to developing and promoting a culture within the youth sector which focuses on health and wellbeing by building the capacity of the youth workers and volunteers. NYHP also acts as a conduit between grass roots experience and the development of public policy and national strategy in the area of youth health and wellbeing.

www.youthhealth.ie